

ASHFIELD AQUATIC CENTRE



WELCOME TO ASHFIELD AQUATIC CENTRE

A world class centre with beautiful pools and state of the art facilities to meet all the health and fitness needs of the community. No matter what your fitness level is or what you want to achieve, we will help you achieve your goals in a supportive, professional and fun environment.

BRAND NEW FACILITIES INCLUDING



Five state of the art temperature controlled pools:

- Spa pool
- Indoor program pool
- Outdoor leisure pool
- Outdoor program pool
- Outdoor 50m Olympic pool



First class health and fitness centre with the latest equipment and machines provided by TechnoGym.



- Creche
- Spa
- Sauna
- Steam Room
- Café
- Retail store

OPENING SPRING 2020

Frederick St and Elizabeth St, Ashfield NSW 2131
aac.enquiries@innerwest.nsw.gov.au
innerwest.nsw.gov.au/aac



InnerWestAquatics

FOUNDATION MEMBERSHIP NOW AVAILABLE

Our Foundation membership offer will give you access to all the facilities, classes and pools at Ashfield Aquatic Centre as well as Leichhardt Park Aquatic Centre and Dawn Fraser Baths at no extra charge.

To take advantage of this special offer, visit www.innerwest.nsw.gov.au/aac. For more information, send an email to aac.enquiries@innerwest.nsw.gov.au.

OUR SERVICES

Exciting Health and Fitness Programs including:

- The most popular group fitness classes such as BodyPump, BodyCombat, GetFit, Zumba, Aqua
- Specialised classes for seniors and kids
- A range of wellness classes such as Yoga, Pilates and BodyBalance
- Personal trainers
- Learn to swim classes and squads for all ages and abilities



OPENING HOURS

Gym Opening Hours

Monday to Thursday: 6am to 9pm

Friday: 6am to 8pm

Saturday and Sunday: 6am to 6pm

Pool Opening Hours

Monday to Friday: 6am to 8pm

Saturdays: 6am to 6pm

TRANSPORT AND PARKING

- Two free car parks
- Six minute walk from Croydon train Station
- Ten minute walk from Ashfield Station
- A variety of buses available

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