



Welcome to the Spring Calendar 🌸

Inspired by our Winter Wellness Workshops, Connect's new **Welfare Workshops** offer an engaging way to stay informed, connected, and confident in everyday life. Each session explores practical topics to support your health, wellbeing, safety, technology, scam awareness, and more, with presentations from knowledgeable guest speakers.

Ready for a little adventure? Our **Mystery Week Outings are back!** Leave the planning to us as we whisk you away to surprise destinations, hidden gems, and unique experiences across Sydney. From scenic drives and tours to café catch-ups, every outing is a chance to try something new. The only thing you'll know is that it's sure to be a great day out! Book early, as these popular outings fill quickly.

Travel on five or more outings in one month and be rewarded with a FREE travel trip the following month.

Shopping at Connect: Shopping bags must not exceed 4 standard shopping bags or 10kg overall.

Booking your trip

Social outings bookings open on the 1st Monday (unless otherwise specified) of each month at 8am for the following month.

Please note: spots on outings with pre-payment are only confirmed once payment is received.



9558 6800



scheduling@connectinnerwest.org.au





SEPTEMBER 2026

BOOKINGS OPEN MONDAY 3 AUGUST 2026



TUES
01
SEPT

WELFARE WORKSHOP: HEALTHY LIVING

Join us for a friendly and informative workshop focused on healthy living and wellbeing. Connect with others while learning practical tips to support your health in a relaxed and welcoming environment.

Prepayment: \$10 Morning Tea

Book & pay by: Thursday 27 August 2026

Travel Cost: \$15

Easy



WED
02
SEPT

METRO BARGAIN CENTRE & LUNCH AT BONNYRIGG SPORTS CLUB

Discover great bargains at Metro Bargain Centre, offering a wide variety of affordable groceries, household essentials, and unique specialty products. Enjoy browsing for everyday deals and hidden treasures in a friendly shopping environment. Usual bag & weight limits apply.

Travel Cost: \$30

Extra Cost: Buy food at venue

Easy



FRI
04
SEPT

ABORIGINAL BUSH TUCKER TOUR

Experience a delicious journey through Indigenous culture and nature with a guided taste of bush foods! Join your First Nations guide for a walk through the Royal Botanic Gardens, where you will discover Indigenous bush foods, their traditional uses, and how they have been adapted for modern plate.

Lunch after the tour will be at the Botanic Gardens Café.

Prepayment: \$28 tour

Book & pay by: Monday 24 August 2026

Travel Cost: \$15

Extra Cost: Buy food at venue

Moderate



FRI
04
SEPT

COFFEE CLUB: BIG TREE HOUSE

Located in the heart of Balmain, this Inner West local brings people together over good coffee and great food.

Travel Cost: \$5

Extra Cost: Buy food at venue

Easy



MON
07
SEPT

LEICHHARDT

CRONULLA SCENIC DRIVE & LUNCH AT CRONULLA RSL (LEICHHARDT)

Enjoy a relaxing scenic drive through beautiful Cronulla, taking in the stunning coastal views before stopping for a delicious lunch at Cronulla RSL. A wonderful opportunity to unwind, socialise, and enjoy a day by the sea.

Travel Cost: \$30

Extra Cost: Buy food at venue

Easy

TUES
08
SEPT

MARRICKVILLE

CRONULLA SCENIC DRIVE & LUNCH AT CRONULLA RSL (MARRICKVILLE)

Enjoy a relaxing scenic drive through beautiful Cronulla, taking in the stunning coastal views before stopping for a delicious lunch at Cronulla RSL. A wonderful opportunity to unwind, socialise, and enjoy a day by the sea.

Travel Cost: \$30

Extra Cost: Buy food at venue

Easy

**WED
09
SEPT**

FATHER'S DAY PICNIC

Celebrating all fathers, grandfathers and father figures. Come along for a picnic brunch at the beautiful Sydney Park and only pay the picnic fare.

Prepayment: \$15 picnic **Book & pay by:** Friday 4 September 2026

Travel Cost: Free

Easy

**FRI
11
SEPT**

MORNING MELODIES AT MOUNTIES

Experience a morning of Melodies at Mounties! For those who haven't visited before, it's a wonderful opportunity to enjoy the music and the atmosphere. The morning will be followed by a delicious lunch together. **Pay entry fee at venue.**

Travel Cost: \$30 **Extra Cost:** \$5 entry & buy lunch

Easy

**FRI
11
SEPT**

COFFEE CLUB: LA BOTTEGA

Coffee lovers, unite! Sip, chat, and enjoy the warm vibes at La Bottega, Leichhardt. Good coffee, good company, and maybe a sweet treat (or two!) – the ultimate morning pick-me-up. Max 10 pax.

Travel Cost: \$5 **Extra Cost:** Buy food at venue

Easy

**MON
14
SEPT**

LEICHHARDT

TULIP TIME FLOWER FESTIVAL BOWRAL (LEICHHARDT)

Experience 80,000 tulips in bloom at the Tulip Time Festival in Bowral, Southern Highlands. Corbett Gardens, the festival's main venue, features these stunning flowers alongside entertainment and boutique market stalls. We can't wait for this annual treat! We'll spend the day at the gardens and find lunch on site.

Prepayment: \$12.5 **Book & pay by:** Monday 7 September 2026

Travel Cost: \$30 **Extra Cost:** Buy lunch on site

Moderate

**TUES
15
SEPT**

MARRICKVILLE

TULIP TIME FLOWER FESTIVAL BOWRAL (MARRICKVILLE)

Experience 80,000 tulips in bloom at the Tulip Time Festival in Bowral, Southern Highlands. Corbett Gardens, the festival's main venue, features these stunning flowers alongside entertainment and boutique market stalls. We can't wait for this annual treat! We'll spend the day at the gardens and find lunch on site.

Prepayment: \$12.5 **Book & pay by:** Monday 7 September 2026

Travel Cost: \$30 **Extra Cost:** Buy food at venue

Moderate

**WED
16
SEPT**

FIT & FAB: DOLLS POINT

The Fit & Fab walking group takes on Dolls Point. Join us for a morning stroll followed by some tea or coffee at Kiss the Barista cafe!

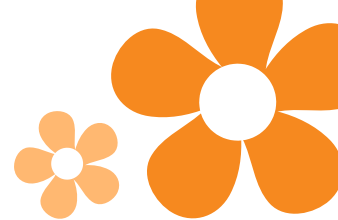
Travel Cost: \$5 **Extra Cost:** Buy food at venue

Moderate



SEPTEMBER 2026

BOOKINGS OPEN MONDAY 3 AUGUST 2026



**FRI
18
SEPT**



JAPANESE 'TSUMAMI' FLOWER ACCESSORY WORKSHOP

Discover the beautiful Japanese art of Tsumami Zaiku in Marrickville. Create your own unique pair of earrings or a brooch while learning a traditional craft in a relaxed and supportive environment. No experience is needed—just bring your creativity! Lunch at Concordia Club afterwards.

Prepayment: \$80

Book & pay by: Friday 11 September 2026

Travel Cost: Free Extra Cost: Buy food at venue

Easy



**FRI
18
SEPT**

COFFEE CLUB: CAFE JOLLY LEICHHARDT

Coffee lovers, unite! Sip, chat, and enjoy the warm vibes at Cafe Jolly Leichhardt. Good coffee, good company, and maybe a sweet treat (or two!) – the ultimate morning pick-me-up.

Travel Cost: \$5 Extra Cost: Buy food at venue

Easy



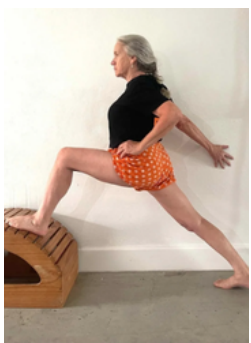
**MON
21
SEPT**

BIRKENHEAD POINT BRAND OUTLET DRUMMOYNE

Spend the day browsing great bargains at Birkenhead Point Brand Outlet, home to a wide range of outlet stores, cafés, and waterfront views. Enjoy shopping at your own pace before relaxing with lunch by the harbour.

Travel Cost: \$30 Extra Cost: Buy food at venue

Moderate



**TUES
22
SEPT**

SENIORS YOGA MARRICKVILLE & POST CAFE

Refresh your mind and body with a gentle seniors' yoga session, then continue the morning with a leisurely lunch at Post Café. Please note: Stairs are required to enter this venue.

Extra Cost: \$20 cash to pay at the studio & buy lunch

Travel Cost: \$5 Extra Cost: Buy food at venue

Moderate



**WED
23
SEPT**

BRUNCH AT CECILIA & DON BANK MUSEUM NORTH SYDNEY

Start the day with a delicious brunch at Cecilia before stepping back in time at Don Bank Museum, where you'll discover the fascinating history of one of North Sydney's oldest homes. A perfect blend of great food and local heritage.

Travel Cost: \$30 Extra Cost: Buy food at venue

Easy



**FRI
25
SEPT**



DUMPLING MAKING CLASS AT HONKAS BAR + EATS POTTS POINT

Have fun learning how to make delicious dumplings! This is a fun and easy interactive class. Vegan and gluten-free options are available too.

Prepayment: \$65 class

Book & pay by: Friday 18 September 2026

Travel Cost: Free

Easy



SEPTEMBER 2026

BOOKINGS OPEN MONDAY 3 AUGUST 2026



FRI
25
SEPT

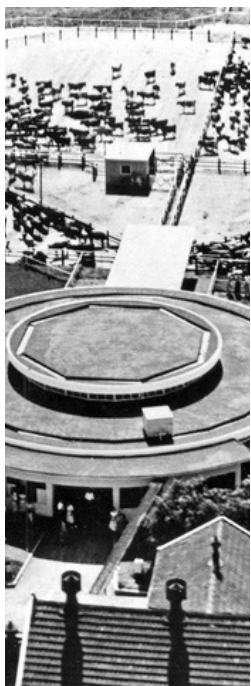
COFFEE CLUB: BLACKBIRD & CO ERSKINEVILLE

Catch up over a coffee and enjoy a relaxed morning at Blackbird & Co, with great company and a welcoming café atmosphere.

Travel Cost: \$5

Extra Cost: Buy food at venue

Easy



MON
28
SEPT

LEICHHARDT

BELGENNY FARM & LUNCH AT MOUNT ANNAN HOTEL (LEICHHARDT)

Step back in time with a guided tour of Belgenny Farm, one of Australia's oldest and most significant heritage farms. Discover its rich history before enjoying a relaxing lunch at Mount Annan Hotel.

Prepayment: \$10 tour

Book & pay by: Monday 21 September 2026

Travel Cost: \$30

Extra Cost: Buy food at venue

Unsteady

TUES
29
SEPT

MARRICKVILLE

BELGENNY FARM & LUNCH AT MOUNT ANNAN HOTEL (MARRICKVILLE)

Step back in time with a guided tour of Belgenny Farm, one of Australia's oldest and most significant heritage farms. Discover its rich history before enjoying a relaxing lunch at Mount Annan Hotel.

Prepayment: \$10 tour

Book & pay by: Monday 21 September 2026

Travel Cost: \$30

Extra Cost: Buy food at venue

Unsteady



WED
30
SEPT



SKYFEAST LUNCH BUFFET AT CENTRE POINT TOWER

Indulge in a delicious SkyFeast buffet lunch while taking in spectacular panoramic views of Sydney from above. Enjoy a wide selection of dishes in a relaxed and memorable setting. Does not include access to the Observation Deck view.

Prepayment: \$90 buffet

Book & pay by: Wednesday 16 September 2026

Travel Cost: Free

Easy



WELFARE WORKSHOPS



Connect's New Welfare Workshops offer an engaging way to stay informed, connected, and confident in everyday life. Each session explores practical topics to support your health, wellbeing, safety, technology, scam awareness, and more, with presentations from knowledgeable guest speakers. Enjoy a relaxed morning tea while learning useful tips, asking questions, and connecting with others in your community. Places are limited, so be sure to book early to avoid missing out.

Tuesday Sept 01

Tuesday Oct 20

Wednesday Nov 18

Healthy Living

Tech Made Easy

Staying Safe & Informed



CANBERRA Floriade OVERNIGHTER

Bloom, Discover & Experience Canberra



Monday 21 Sept – Wednesday 23 Sept 2026

3 days and 2 nights

Enjoy the best of Floriade and Canberra!

Celebrate spring at Floriade, Australia's biggest celebration of flowers, with over a million blooms, stunning gardens, live entertainment and delicious local food.

Discover Canberra's iconic attractions, beautiful lookouts and cultural experiences. A wonderful getaway filled with colour, culture and unforgettable memories!

HIGHLIGHTS INCLUDE:



Floriade
Garden
Festival



Iconic
Canberra
sightseeing



Scenic
views &
lookouts



Local food
& experiences

PRICES TO BE FINALISED - EXPECTED TOTAL TO BE BETWEEN

\$600 – \$800

INCLUDING:

✓ Single & Twin Share (breakfast included) ✓ Activities & experiences ✓ Transport



MODERATE ACTIVITY LEVEL

All activities are moderate in activity level and suitable for clients using walkers and frames.



MEALS

Lunch and dinner will be at your own cost where not mentioned in the itinerary you will receive.



DETAIL ITINERARY

A detailed itinerary will be sent to clients who have registered their interest at a later time.



SPOTS ARE LIMITED!

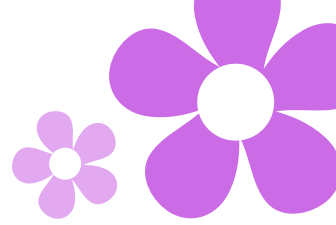
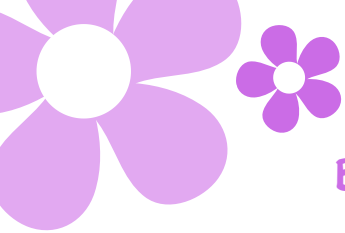
Be sure to register your interest to avoid missing out.



TO REGISTER YOUR INTEREST
OR FIND OUT MORE, CALL

9558 6800





OCTOBER 2026

BOOKINGS OPEN MONDAY 7 SEPTEMBER 2026



FRI
02
OCT

ALPACA MEET & GREET CENTRAL COAST

Enjoy a fun and interactive visit with 145 friendly alpacas on the Central Coast. In a relaxed small-group experience, you can meet, feed, and connect with these gentle animals followed by lunch at Wyong Milk Factory's 'The Tavern'.

Travel Cost: \$30

Extra Cost: \$30 entry & buy lunch

Moderate



FRI
02
OCT

COFFEE CLUB: THE PIG & PASTRY

Join us for a relaxed morning at The Pig & Pastry in Petersham, a local favourite known for its delicious coffee, fresh pastries, and welcoming atmosphere.

Travel Cost: \$5

Extra Cost: Buy food at venue

Easy



TUES
06
OCT

DOLLAR WORLD & LINCRAFT

Dollar World is your one-stop premium discount store, packed with bargains on everything from cleaning supplies to hardware tools. After treasure-hunting at Dollar World, enjoy a browse through Lincraft nearby. We'll then head to Moorebank RSL, known for its delicious meals and fantastic specials. Usual bag & weight limits apply.

Travel Cost: \$30

Extra Cost: Buy food at venue

Moderate



WED
07
OCT

KINGPIN BOWLING NORTH STRATHFIELD

Strike up some fun at Kingpin Bowling! Enjoy a relaxed game, friendly competition, and a great opportunity to socialise in a lively atmosphere.

Extra Cost: From \$19 per bowling game + other activities & lunch at venue

Travel Cost: \$30

Moderate



FRI
09
OCT

OKTOBERFEST LUNCH AT CONCORDIA CLUB MARRICKVILLE

Celebrate Oktoberfest with a festive lunch at Concordia Club. Enjoy traditional German favourites, a lively atmosphere, and an authentic taste of German culture.

Travel Cost: \$15

Extra Cost: Buy food at venue

Easy





OCTOBER 2026
BOOKINGS OPEN MONDAY 7 SEPTEMBER 2026

Mystery Week Outings



MON
12
OCT

MYSTERY SCENIC DRIVE & LUNCH

Where are we headed? That's top secret! Enjoy a scenic drive with beautiful vistas and a surprise destination to be unveiled along the way.

Travel Cost: \$15

Extra Cost: Buy food at venue

Easy



TUES
13
OCT

MYSTERY TOUR & LUNCH

Shh... it's a secret! Join us on a Mystery Tour, where the fun is in not knowing where we're headed. Expect a great day out and something a little different.

Please wear comfortable walking shoes.

Prepayment: \$34 tour

Book & pay by: Tuesday 29 September 2026

Travel Cost: \$15

Extra Cost: \$34 tour & buy lunch

Unsteady



WED
14
OCT

MYSTERY FIT & FAB

Lace up your walking shoes and join us for a mystery Fit & Fab adventure! We'll explore a surprise walking location, enjoy the morning fresh air, and stay active together. The destination is a secret until we arrive!

Travel Cost: \$5

Extra Cost: Buy food at venue

Moderate



FRI
16
OCT

MYSTERY COFFEE CLUB

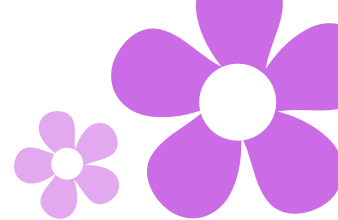
Where are we sipping this time? That's a mystery! Join us for a relaxed morning coffee outing, enjoy good company, and let the surprise café reveal itself on the day.

Travel Cost: \$5

Extra Cost: Buy food at venue

Easy





OCTOBER 2026

BOOKINGS OPEN MONDAY 7 SEPTEMBER 2026



SAT
17
OCT

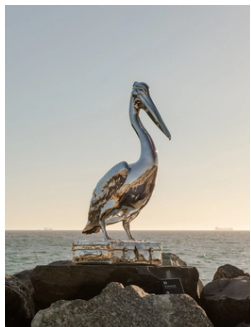
ROZELLE RACKS MARKET

Picture this: racks upon racks of preloved treasures, vintage gems, and one-off creative pieces all waiting for new homes. Think designer steals, retro finds, and those unique pieces you've been hunting for – all at thrifty prices that won't break the bank. Usual bag & weight limits apply.

Travel Cost: \$40

Extra Cost: Buy food at venue

Unsteady



MON
19
OCT

SCULPTURE BY THE SEA

Sculpture by the Sea will return to Bondi in 2026 as the world's largest free to the public sculpture exhibition. Enjoy a stroll along the waterside admiring the creative mediums of art. There are some uneven sloping paths, and there may be crowds.

Travel Cost: \$30

Extra Cost: Buy food at venue

Unsteady



TUES
20
OCT

WELFARE WORKSHOP: TECH MADE EASY

Build your confidence with everyday technology in this easy-to-follow workshop. Learn helpful tips for using smartphones, apps, and staying connected with family and friends.

Prepayment: \$10 Morning Tea

Book & pay by: Thursday 15 October 2026

Travel Cost: \$15

Easy



WED
21
OCT

MENANGLE COUNTRY CLUB LUNCH

Enjoy a relaxing lunch at Menangle Country Club, where country charm meets modern dining. Set against the historic Menangle House, it's the perfect place to unwind and enjoy a delicious meal in beautiful surroundings.

Travel Cost: \$15

Extra Cost: Buy food at venue

Easy



FRI
23
OCT

KNITTING SOCIAL ASHFIELD & THE URBAN ARTISAN LUNCH

Enjoy a relaxing morning of knitting with fellow enthusiasts, sharing ideas, patterns, and helpful tips along the way. Afterwards, unwind over a delicious lunch at the Urban Artisan in Ashfield.

Travel Cost: \$15

Extra Cost: Buy food at venue

Easy



FRI
23
OCT

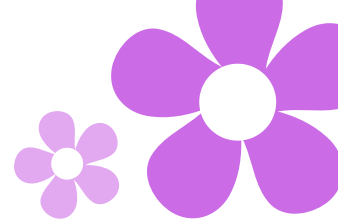
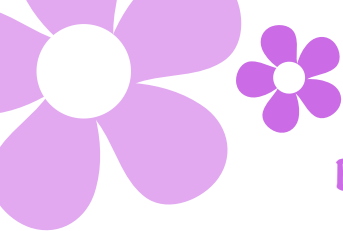
COFFEE CLUB: PASTIZZI CAFE

Enjoy a relaxing lunch at Pastizzi Café, known for its delicious handmade pastizzi, Mediterranean-inspired dishes, and warm, welcoming atmosphere.

Travel Cost: \$5

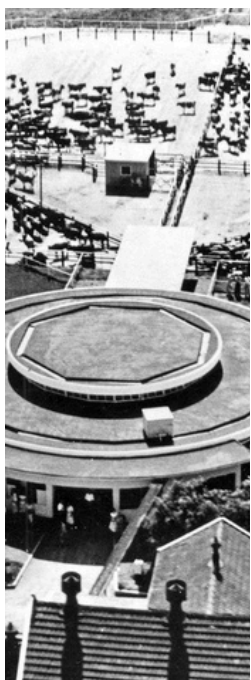
Extra Cost: Buy food at venue

Easy



OCTOBER 2026

BOOKINGS OPEN MONDAY 7 SEPTEMBER 2026



**MON
26
OCT**

LEICHHARDT

CARISBROOK TOUR & AFTERNOON TEA (LEICHHARDT)

Step back in time with a guided tour of Carisbrook House and discover the fascinating history, heritage, and everyday life of one of Lane Cove's earliest families.

Prepayment: TBC

Book & pay by: Monday 12 October 2026

Travel Cost: \$30

Moderate

**TUES
27
OCT**

MARRICKVILLE

CARISBROOK TOUR & AFTERNOON TEA (MARRICKVILLE)

Step back in time with a guided tour of Carisbrook House and discover the fascinating history, heritage, and everyday life of one of Lane Cove's earliest families.

Prepayment: TBC

Book & pay by: Monday 12 October 2026

Travel Cost: \$30

Moderate

**WED
28
OCT**



BREAST CANCER AWARENESS PICNIC

Join us for a pink-themed picnic as we come together to raise awareness, show support, and enjoy a meaningful day of connection and conversation.

Prepayment: \$15 picnic

Book & pay by: Friday 23 October 2026

Travel Cost: \$15

Easy

**FRI
30
OCT**



FLOWER POWER MASCOT & HIDDEN GARDEN CAFE

Pick up all your spring blooms and overdue garden supplies. Visit the onsite café for lunch and/or refreshments.

Travel Cost: \$30

Extra Cost: Buy food at venue

Moderate

**FRI
30
OCT**



COFFEE CLUB: THE LOCAL TART LEICHHARDT

A fantastic spot for coffee and brunch. With friendly staff and always a welcome smile, we're sure you will love this cafe for a chit chat.

Travel Cost: \$5

Extra Cost: Buy food at venue

Easy

NOVEMBER 2026

BOOKINGS OPEN TUESDAY 6 OCTOBER 2026



MON
02
NOV

PETERSHAM MORNING BINGO

Join us for a fun-filled morning of Bingo at Petersham RSL! Enjoy a friendly game, great company, and the chance to win some fantastic prizes.

Travel Cost: \$15

Extra Cost: Buy food at venue

Easy



TUES
03
NOV

BIG JOHN'S ITALIAN SEAFOOD LUNCH

Enjoy a delicious seafood lunch at Big John's Seafood Restaurant, with a wide selection of fresh favourites in a relaxed and welcoming atmosphere.

Travel Cost: \$30

Extra Cost: Buy food at venue

Easy



WED
04
NOV

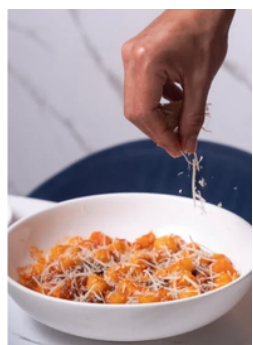
FIT & FAB: SYDNEY PARK

Stretch your legs, get moving, and come along for a refreshing walk at Sydney Park, followed by a coffee to relax and catch up at the kiosk.

Travel Cost: \$5

Extra Cost: BYO or purchase on site

Moderate



FRI
06
NOV

GNOCCHI COOKING CLASS AT ENZOS CUCINA MT DRUITT

Learn the art of making authentic Italian gnocchi in this fun, hands-on workshop. Create your own fresh gnocchi from scratch to enjoy during the class or take home to share.

Prepayment: \$70 class

Book & pay by: Wednesday 28 October 2026



Travel Cost: Free

Moderate



FRI
06
NOV

COFFEE CLUB: REVOLVER CAFE

Come and join us for coffee in this restored 1890s corner store located in Annandale.

Travel Cost: \$5

Extra Cost: Buy food at venue

Easy



MON
09
NOV

MIDDLE HEAD CAFE

Enjoy a relaxing visit to Middle Head Café, where you can savour a coffee or light meal while taking in the beautiful harbour views and peaceful surrounds.

Travel Cost: \$30

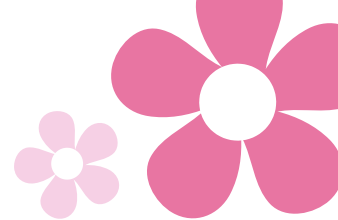
Extra Cost: Buy food at venue

Easy



NOVEMBER 2026

BOOKINGS OPEN TUESDAY 6 OCTOBER 2026



TUES
10
NOV

GLENBERNIE ORCHARD FRUIT PICKING

Wander through the orchard and pick your own fresh, seasonal fruit, then browse the farm shop for local jams, honey, sauces, and other delicious treats. Don't forget your hat, sunscreen, and a bag for your fruit!

Please wear enclosed comfortable walking shoes.

Travel Cost: \$30

Extra Cost: TBC

Unsteady



WED
11
NOV

ALEXANDRIA HOMEMAKER

Enjoy a relaxing break at the on-site café before exploring one of Sydney's top furniture and homewares destinations, home to favourites like Kitchen Warehouse, Spotlight, The Good Guys, and many more!

Travel Cost: \$15

Extra Cost: Buy food at venue

Easy



THUR
12
NOV

THE BEE GEES LIVERPOOL POWERHOUSE

Get ready to relive the magic of one of the greatest pop sensations of all time with The Bee Gees Show – a spectacular tribute celebrating the timeless hits, soaring harmonies, and infectious grooves of the Gibb brothers. Lunch before the show: Chipping Norton Hotel.

Prepayment: \$30 ticket Book & pay by: Tickets are limited, pay upon booking

Travel Cost: \$30

Extra Cost: Buy food at venue

Easy



FRI
13
NOV

KNITTING SOCIAL ASHFIELD & ASHFIELD LEAGUES CLUB

Enjoy a relaxing morning of knitting with fellow enthusiasts, sharing ideas, patterns, and helpful tips along the way. Afterwards, unwind over lunch at Ashfield Leagues Club.

Travel Cost: \$15

Extra Cost: Buy food at venue

Easy



FRI
13
NOV

COFFEE CLUB: MATINEE COFFEE MARRICKVILLE

Spend a leisurely morning at Matinee Coffee, enjoying your favourite café refreshments while connecting with friends in a cosy setting.

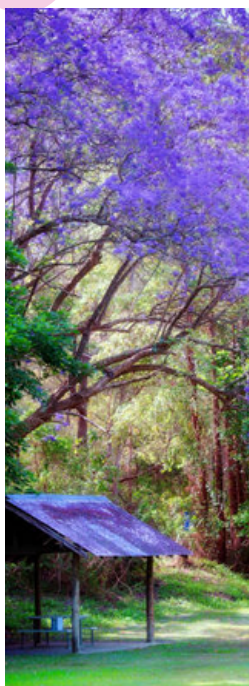
Travel Cost: \$5

Extra Cost: Buy food at venue

Easy

NOVEMBER 2026

BOOKINGS OPEN TUESDAY 6 OCTOBER 2026



**MON
16
NOV**

LEICHHARDT

JACARANDA PICNIC DRIVE BY KOGARAH (LEICHHARDT)

Experience the magic of jacaranda season with a relaxing day out. Enjoy a scenic drive through Sydney's beautiful purple-lined streets, taking in the stunning blooms before heading to Kogarah for a picnic.

Prepayment: \$15 picnic

Book & pay by: Monday 9 November 2026

Travel Cost: \$30

Moderate

**TUES
17
NOV**

MARRICKVILLE

JACARANDA PICNIC DRIVE BY KOGARAH (MARRICKVILLE)

Experience the magic of jacaranda season with a relaxing day out. Enjoy a scenic drive through Sydney's beautiful purple-lined streets, taking in the stunning blooms before heading to Kogarah for a picnic.

Prepayment: \$15 picnic

Book & pay by: Monday 9 November 2026

Travel Cost: \$30

Moderate



**WED
18
NOV**

WELFARE WORKSHOP: STAYING SAFE & INFORMED

Gain valuable knowledge on topics that support your independence and wellbeing, including personal safety, scam awareness, and community resources. A great opportunity to learn, ask questions, and connect with others.

Prepayment: \$10 Morning Tea

Book & pay by: Friday 13 November 2026

Travel Cost: \$15

Easy



**FRI
20
NOV**

LINDEY CHRISTMAS GIFT FAIR

The Fair is a must-do festive day out that offers a wide range of special Christmas gifts and wares in a historic setting. Located in Darling Point, enjoy the views of Sydney Harbour while you shop. Followed by lunch nearby.

Travel Cost: \$30

Extra Cost: Buy food at venue

Moderate



**FRI
20
NOV**

COFFEE CLUB: BLACK TOAST ANNANDALE

Take a break and join us at Black Toast for a relaxed coffee catch-up. Enjoy your favourite café drink, a tasty bite, and great company in a cosy setting.

Travel Cost: \$5

Extra Cost: Buy food at venue

Easy



**MON
23
NOV**

CHAIR YOGA REDFERN

The experienced instructor makes the class fun and lively and explains the benefits of chair-based yoga movements, like helps lower blood pressure, protects joints, and builds strength and balance. Followed by a lunch nearby.

Travel Cost: \$30

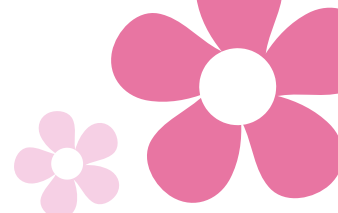
Extra Cost: \$5 pay on site & buy lunch

Moderate



NOVEMBER 2026

BOOKINGS OPEN TUESDAY 6 OCTOBER 2026



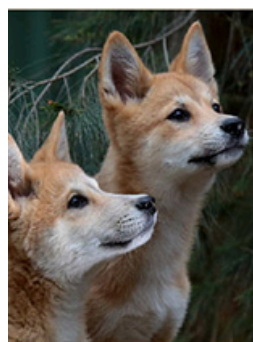
CONNECT'S ANNUAL END OF YEAR CELEBRATION PARTY!

Our end-of-year celebrations are a wonderful way to reflect on the year gone by, enjoy the festive spirit, and spend time with friends both old and new. We look forward to celebrating with you and invite you to join in the fun!



WHEN	Tuesday, 24 November 2026
WHERE	The Fiddler
COST	\$65 per person includes welcome drink, traditional Christmas two-course luncheon & entertainment
PRE-PAYMENT DATE	Monday 2 November 2026

*Upon booking, please advise if you have any dietary requirements
i.e. allergies, vegetarian, gluten free, halal*



WED
25
NOV

BARGO DINGO SANCTUARY

See Australia's iconic dingoes at Bargo Dingo Sanctuary. Enjoy a guided visit to learn about these fascinating animals while experiencing a unique day surrounded by nature.

Prepayment: \$10 entry

Book & pay by: Wednesday 11 November 2026

Travel Cost: \$30

Moderate



FRI
27
NOV

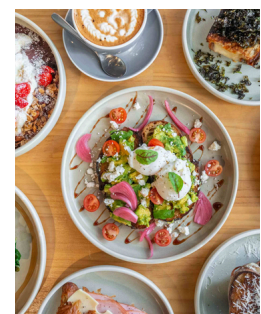
NEPEAN RIVER WALK

Enjoy a relaxing stroll along the picturesque Nepean River, taking in the beautiful riverside scenery before unwinding with lunch and stunning water views at the Nepean Rowing Club.

Travel Cost: \$30

Extra Cost: Buy food at venue

Moderate



FRI
27
NOV

COFFEE CLUB: SEVEN 2 THREE SPECIALTY

A hidden gem in Marrickville, this Asian fusion café serves excellent coffee in a relaxed, welcoming atmosphere. If you've ever wanted to try authentic Vietnamese coffee, this is the place to do it!

Travel Cost: \$5

Extra Cost: Buy food at venue

Easy



MON
30
NOV

DFO HOMEBUSH SHOPPING

Enjoy a day of bargain hunting at DFO, with great deals on fashion, homewares, and more. It's the perfect opportunity to get a head start on your Christmas shopping while enjoying a relaxed day out. Usual bag & weight limits apply.

Travel Cost: \$30

Extra Cost: Buy food at venue

Easy

SEPTEMBER 2026

BOOKINGS OPEN MONDAY 3 AUGUST 2026

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



1

Welfare
Workshop:
Healthy Living



2

Metro Bargain
Centre &
Bonnyrigg
Sports Club

3



Coffee Club

4

Aboriginal
Bush Tucker
Tour

5



7

Cronulla
Scenic Drive
(Leichhardt)



8

Cronulla
Scenic Drive
(Marrickville)



9

Father's Day
Picnic

10



Coffee Club

11



Morning
Melodies at
Mounties

12



14

Tulip Time
Flower Festival
(Leichhardt)



15

Tulip Time
Flower Festival
(Marrickville)



16

Fit & Fab:
Dolls Point

17



Coffee Club

18



Flower
Accessory
Workshop

19

Birkenhead
Point Brand
Outlet



21

Floriade
Overnighter
Day 1



22

Seniors Yoga
& Post Cafe

Floriade
Overnighter
Day 2



23

Brunch at
Cecelia & Don
Bank Museum

Floriade
Overnighter
Day 3



24



Coffee Club

25



Dumpling
Making
Class

26



28

Belgenny Farm &
Lunch at Mount
Annan Hotel
(Leichhardt)



29

Belgenny Farm &
Lunch at Mount
Annan Hotel
(Marrickville)

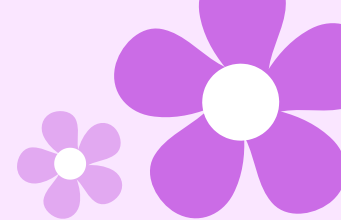
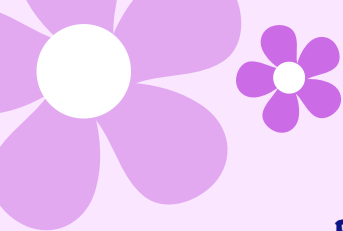


30

Skyfeast
Lunch Buffet

Travel on five or more outings
this month and receive a **free**
bus fare valued up to \$30!

Please be mindful of our bag and weight limits on our shopping visits to Bunnings, Flower Power etc. These limits are to ensure Connect meets its Work, Health & Safety obligations to our valued staff. This limit is 10kg across 4 shopping bags per client.



OCTOBER 2026

BOOKINGS OPEN MONDAY 7 SEPTEMBER 2026

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Travel on five or more outings
this month and receive a *free*
bus fare valued up to \$30!

1

2

 Coffee Club

Alpaca Meet
& Greet
Central Coast

3

5

Public
Holiday

6


Dollar World
& Lincraft

7


Kingpin
Bowling

8

9

 Coffee Club

Oktoberfest
 Lunch

10

12


Mystery
Scenic Drive

13


Mystery
Tour & Lunch

14


Mystery
Fit & Fab

15

16


Mystery
Coffee Club

17


Rozelle Racks

19


Sculpture by
the Sea



Welfare
Workshop:
Tech Made
Easy

21


Menangle
Country Club

22

23

 Coffee Club


Knitting Social
& Lunch

24

26


Carisbrook
Tour
(Leichhardt)

27


Carisbrook
Tour
(Marrickville)

28


Breast Cancer
Awareness
Picnic

29

30

 Coffee Club

Flower Power &
Hidden Garden
Cafe


31

Please be mindful of our bag and weight limits on our shopping visits to Bunnings, Flower Power etc. These limits are to ensure Connect meets its Work, Health & Safety obligations to our valued staff. This limit is 10kg across 4 shopping bags per client..

NOVEMBER 2026

BOOKINGS OPEN TUESDAY 6 OCTOBER 2026

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

2



Petersham
Bingo

3



Big John's
Italian
Seafood

4



Fit & Fab:
Sydney Park

5

6



Coffee Club



Gnocchi
Cooking Class

7

9



Middle Head
Cafe

10



Glenburnie
Orchard Fruit
picking

11



Alexandria
Homemaker

12



The Bee Gees
Liverpool
Powerhouse

13



Coffee Club



Knitting Social
& Lunch

14

16



Jacaranda
Picnic Drive by
(Leichhardt)

17



Jacaranda
Picnic Drive by
(Marrickville)

18



Welfare
Workshop:
Staying Safe

19

20



Coffee Club

Lindesay Xmas
Gift Fair

21

23



Chair Yoga

24



EOY XMAS
PARTY

25



Dingo
Sanctuary

26

27



Coffee Club

Nepean River
Walk

28

30



DFO
Homebush

**Travel on five or more outings this month and
receive a free bus fare valued up to \$30!**

Please be mindful of our bag and weight limits on our shopping visits to Bunnings, Flower Power etc. These limits are to ensure Connect meets its Work, Health & Safety obligations to our valued staff. This limit is 10kg across 4 shopping bags per client.

Spring Time

As some outings may coincide with the school holiday period, please be mindful that certain venues could be busier than usual, with slightly longer wait times. We appreciate your patience and encourage you to relax and enjoy the atmosphere.

If you have any suggestions or places you'd love to visit, we'd love to hear from you – your ideas are always welcome!

Please note that while this calendar is accurate at the time of release, changes may occasionally be necessary due to unforeseen circumstances. Should this occur, we'll do our best to offer suitable alternatives. Thank you for your understanding.

Pricing

Please refer to the day's calendar for all additional costing inquiries and bus fare amount.

Prices stated are accurate at the time of release. In the event of any price changes by the venue, you will be notified before finalising payment.

Weekday outings for Connect's registered CHSP/CTP seniors are generally priced at \$30, and weekends priced at \$40 unless specified, excluding NDIS clients and those with a Support at Home or Home Care Package.



02 9558 6800



scheduling@connectinnerwest.org.au

Bookings

For bookings and enquiries, please contact the office on **9558 6800**. Please take note of the booking open dates listed in the agenda. Alternatively, bookings can be made via email at scheduling@connectinnerwest.org.au. Please note that bookings cannot be made through Drivers or Bus Assistants.

For social outing payments, please call our office on **9558 6800** to make your payment over the phone, as this is the quickest and easiest way for us to process your booking.

If bank transfer required, please use the details below. When making your payment, include your full name and the date of the outing in the payment description to help us allocate your payment correctly.

BSB: 032-067 Account Number: 641482 Bank: Westpac

If you are accompanied by your registered carer or are bringing a mobility aid such as a walker, kindly inform us at the time of booking so we can accommodate space in the vehicles and ensure you get there with care. If meals are included in the outing, please inform us of any allergies or dietary requirements at the time of booking.

Closer to the outing date, you will be contacted regarding the pick-up time via text or automated voice message. Please be aware that fees may be applicable for late cancellations.

Please remember to bring your Opal card, photo ID/seniors card each time you take a trip with us as some venues require to check your ID to receive a seniors discount.

Ts & Cs*

Clients must travel on five paid outings within the same month to qualify for one free outing. The free outing can be redeemed in the following month, up to a fare value of \$30, on any outing of their choice. If not redeemed within that month, the credit will be forfeited.

Spring SUDOKU

Relax your mind and have fun!



HOW TO PLAY:

Fill in the empty boxes so that each row, each column and each 3x3 box contains all the numbers from 1 to 9.

Each number can only appear once in each row, column and 3x3 box.

5		2		7		8		1
	8			1			4	
		9	6				3	5
8		3			1	2		
	5			4			9	
		7	2			6		8
3					7		5	
	4			2			7	
9		1		3		4		6



**TAKE YOUR TIME,
RELAX AND ENJOY
THE JOY OF SPRING!**



REMEMBER:

There is only one correct solution for each puzzle. Take your time and enjoy the challenge!



Happy Spring!

