



## Welcome to the Autumn Calendar

We're excited to bring you our Autumn Social Outings Calendar, designed to keep your social life vibrant and your wellbeing supported throughout the season.

This March, we're celebrating NSW Seniors Festival with a full week of FREE outings for eligible CHSP clients (excluding evening outings)\*.

We're also continuing our incredible promotions from the previous calendar – travel on 5 or more outings in a month and redeem a FREE trip the following month!

From celebrating St Patrick's Day, to choosing new succulents for your home, heading out for a feast with friends, and exploring fascinating heritage sites, it's shaping up to be a very exciting season full of connection, adventure and fun.

### **A message from the General Manager**

At Connect, we believe staying socially connected is key to wellbeing at every stage of life. Our outings are designed to bring people together, create meaningful experiences, and support our community to stay active and engaged.

This autumn's calendar offers a wonderful mix of local adventures, cultural experiences, and relaxed social gatherings. I encourage you to join us, connect with others, and enjoy all that the season has to offer.

Thank you for being part of the Connect community, and I look forward to another great season ahead.

Sincerely,  
Brett Andrews  
General Manager

 **9558 6800**

 [scheduling@connectinnerwest.org.au](mailto:scheduling@connectinnerwest.org.au)



### **Booking your trip**

 [BOOK NOW](#)

Social outings bookings open on the first Monday (unless otherwise specified) of each month at 8am for the following month. Call us to reserve your spot. Please note: spots on outings with pre-payment are only confirmed once payment is received.

Travel on five or more outings this month and receive a free bus fare valued up to \$30!\*



**MON  
02  
MAR**  
LEICHARDT

### BOBBIN HEAD (KU-RING-GAI) PICNIC

**Additional costs:** \$15 picnic

We're off to Bobbin Head for a breezy picnic by the water! Think sunshine, sandwiches, serenity... and maybe a kookaburra trying to steal your snack (don't worry, we've got your back). Join us for a day of fresh air and good company.



**TUE  
03  
MAR**  
MARRICKVILLE

### BOBBIN HEAD (KU-RING-GAI) PICNIC

**Additional costs:** \$15 picnic

We're off to Bobbin Head for a breezy picnic by the water! Think sunshine, sandwiches, serenity... and maybe a kookaburra trying to steal your snack (don't worry, we've got your back). Join us for a day of fresh air and good company.



**WED  
04  
MAR**

### THE WHISTLE STOP TRAIN MUSEUM TOUR & LUNCH

**Additional costs:** \$55 tour & lunch included

Enjoy tea and coffee on arrival at the Heritage Rail Museum Thirlmere, and then after exploring the museum with a fully guided tour, it's all aboard for a 40-minute train ride. We will then visit a local venue for a main-meal lunch with a tea/coffee station.



**FRI  
06  
MAR**

### NEPEAN BELLE PADDLEWHEELER (NEW DATE)

**Additional costs:** \$69 cruise and lunch

All aboard the charming Nepean Belle Paddlewheeler! Enjoy a gentle cruise along the Nepean River with beautiful views and a delicious lunch served on board. A new date - same unforgettable experience.



**MON  
09  
MAR**  
LEICHARDT

### PALM BEACH SCENIC DRIVE & LUNCH AT CLUB PALM BEACH

**Additional costs:** buy brunch

Sit back as we roll through some of Sydney's most stunning coastline on our Palm Beach scenic drive. After soaking up the views, we'll settle in for a tasty lunch at Club Palm Beach. A little getaway without leaving Sydney!



**TUE  
10  
MAR**  
MARRICKVILLE

### PALM BEACH SCENIC DRIVE & LUNCH AT CLUB PALM BEACH

**Additional costs:** buy brunch

Sit back as we roll through some of Sydney's most stunning coastline on our Palm Beach scenic drive. After soaking up the views, we'll settle in for a tasty lunch at Club Palm Beach. A little getaway without leaving Sydney!



**WED  
11  
MAR**

### PREMIER'S GALA CONCERT 2026

**Additional costs:** snacks at the ICC Sydney

We're excited to attend one of the year's most glamorous senior events, filled with music, dancing and wonderful entertainment. We've secured only 20 tickets, so spots are very limited. Be sure to book early if you'd like to join this unforgettable day!



**FRI  
13  
MAR**

### ST PATRICK'S LUNCH AT THE FIDDLER

**Additional costs:** \$65 lunch

Celebrate St Patrick's Day in true Irish style! Enjoy a fun-filled themed day with lively Irish entertainment throughout the event. Your admission includes a welcome drink, a delicious 2-course lunch with tea and coffee, plus a beautifully decorated themed dining room to set the scene.



# MARCH 2026

BOOKINGS OPEN MONDAY 2 FEBRUARY 2026



MON  
16  
MAR

MARRICKVILLE



TUE  
17  
MAR

LEICHARDT



WED  
18  
MAR

DAY

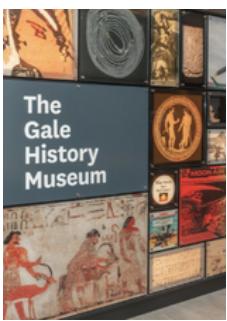


WED  
18  
MAR

EVENING



FRI  
20  
MAR



MON  
23  
MAR



TUE  
24  
MAR

## SCOTLAND ISLAND & LUNCH AT THE WATERFRONT CAFE

**Additional costs:** \$15 ferry ride (paid on day) + lunch

Scotland Island is a vibrant and welcoming community nestled in the stunning Pittwater estuary. Once we arrive at Church Point, we'll hop on the ferry for a beautiful 10-minute trip across to Tennis Court Wharf - a scenic journey our clients always love. We'll have some time to briefly explore the island before boarding the boat again for a relaxing lunch by the wharf then making our way back home.

Please note: this outing includes uneven surfaces and a boat ride, so a good level of mobility is required.



## SCOTLAND ISLAND & LUNCH AT THE WATERFRONT CAFE

**Additional costs:** \$15 ferry ride (paid on day) + lunch

Scotland Island is a vibrant and welcoming community nestled in the stunning Pittwater estuary. Once we arrive at Church Point, we'll hop on the ferry for a beautiful 10-minute trip across to Tennis Court Wharf - a scenic journey our clients always love. We'll have some time to briefly explore the island before boarding the boat again for a relaxing lunch by the wharf then making our way back home.

Please note: this outing includes uneven surfaces and a boat ride, so a good level of mobility is required.



## MYSTERY OUTING

**Additional costs:** buy at venue

A mysterious (shopping) outing approaches. We can't say much on the location, but this superstore will be sure to offer many treasures.



## AL ASEEL RESTAURANT ALEXANDRIA

**Additional costs:** buy dinner

We're heading to Al Aseel Restaurant, Alexandria for an evening of bold flavours with dishes best served shared, and welcoming vibes. A perfect setting to enjoy delicious food and even better company. Yallah habibi! Max 15pax.



## HENRY KENDALL COTTAGE & MUSEUM & LUNCH AT GOSFORD RSL

**Additional costs:** \$5 admission

Step into history at Henry Kendall Cottage & Museum with a self-guided tour and a relaxing coffee break. Then it's off to Gosford RSL for a lunch your taste buds will thank you for!



## THE GALE HISTORY MUSEUM AT MACQUARIE UNIVERSITY & LUNCH AT THE GOVERNOR HOTEL

**Additional costs:** \$10 guided tour + buy lunch

The Gale History Museum at Macquarie University is part of the Faculty of Arts and is home to 18,000 historic artefacts ranging from the prehistoric to the 21st century. Our guided tour will include a gallery tour and an object handling experience. How great does that sound! Afterwards, we'll take off to lunch the The Governor Hotel in Macquarie. Max 20 pax.



## HAYDEN ORPHEUM PICTURE PALACE MOVIE SESSION

**Additional costs:** buy your ticket (\$12.5 seniors) & snacks at the venue

Step back in time at Hayden Orpheum Picture Palace, a gem nestled in Cremorne, where art deco grandeur meets modern cinema magic. This theatre has enchanted guests with its blend of retro aesthetics and contemporary offerings - check it out for yourself! Picture will be advised as soon as possible beforehand as the program is confirmed.



# MARCH 2026

BOOKINGS OPEN MONDAY 2 FEBRUARY 2026



WED  
25  
MAR

## FLOWER POWER GARDEN CENTRE ENFIELD

**Additional costs:** buy at venue

Offering Australia's best range of quality homegrown plants, plus a huge range of gardening accessories, landscape supplies, homewares and furniture. Enjoy morning tea on site.



FRI  
27  
MAR

## DARRELL LEA CHOCOLATE FACTORY OUTLET & LUNCH AT INGLEBURN RSL

**Additional costs:** buy lunch

It's the perfect outing to stock up on chocolates ahead of April. You will find Darrell Lea's famous range of confectionary, from chocolate blocks to liquorice and everything in between. And don't forget about the Rocklea Road! Lunch at Ingleburn RSL after all that shopping.



MON  
30  
MAR

## SYDNEY OUTLET & LUNCH AT CASULA CROSSROADS HOTEL

**Additional costs:** buy lunch

Shop, stroll, and save! Join us at brand new Sydney Outlet to explore great deals and favourite brands, then sit back and enjoy a delicious lunch at Casula Crossroads Hotel. Retail therapy never tasted so good.



TUE  
31  
MAR

## FIT & FAB BRIGHTON LE SANDS

**Additional costs:** BYO or purchase at venue

Stretch your legs with a relaxing walk along Brighton-Le-Sands beach, then reward yourself with a tasty coffee at the kiosk.



# AUTUMN 2026 *four day getaway* NEW ENGLAND ESCAPE

Register your expression of interest for a Connect first – a four-day getaway to Tamworth and Armidale, travelling through the beautiful New England region during autumn. This is a more curated escape with a smaller group, allowing us to enjoy the journey at a relaxed pace while taking in crisp country air, golden foliage, and charming regional towns.



A perfect opportunity to experience something a little different, create meaningful memories, and enjoy a thoughtfully planned getaway during one of the most beautiful seasons of the year.



More details to come. Expressions of interest are open.



: FREE BUS FARE

WALKING GUIDE: EASY

MODERATE

UNSTEADY

Page 4

Travel on five or more outings this month and receive a free bus fare valued up to \$30!\*



WED  
01  
APR  
MARRICKVILLE

### LA PEROUSE MUSEUM & LUNCH AT MATRAVILLE HOTEL

**Additional costs:** buy lunch

Housed in a heritage building at La Perouse in Sydney's south, the La Perouse Museum documents the expedition of French explorer the Comte de Laperouse. Enjoy a free visit at your leisure before we have lunch at the Matraville Hotel.



TUE  
07  
APR

### ILLAWARRA RHODODENDRON AND RAINFOREST GARDEN VISIT & LUNCH AT THE FRATERNITY CLUB WOLLONGONG

**Additional costs:** \$5 entry to garden paid on day + buy lunch

A magical visit awaits at the internationally recognised garden noted for rhododendrons, particularly vireyas, and the endangered Illawarra rainforest. We will be greeted with a short tour and information session before we enjoy lunch together.



WED  
08  
APR  
LEICHHARDT

### LA PEROUSE MUSEUM & LUNCH AT MATRAVILLE HOTEL

**Additional costs:** buy lunch

Housed in a heritage building at La Perouse in Sydney's south, the La Perouse Museum documents the expedition of French explorer the Comte de Laperouse. Enjoy a free visit at your leisure before we have lunch at the Matraville Hotel.



FRI  
10  
APR

### AUSTRALIAN PLANTBANK TOUR & LUNCH AT NARELLAN HOTEL

**Additional costs:** \$15 tour + buy lunch

Get your green thumb ready! Explore the fascinating Australian PlantBank with a 1.25hr guided tour. The tour gives an overview of the work of the PlantBank seed banking and germplasm research facility, and an introduction to the new National Herbarium of NSW. Afterwards, unwind over lunch at Narellan Hotel. Please note, there is 5 minute gentle uphill slope to enter the facility. Max 15 pax.



MON  
13  
APR

### COBHAM HALL VISIT & LUNCH AT WISEMANS FERRY

**Additional costs:** buy lunch

Join us for a journey to Cobham Hall, where heritage and elegance meet in the heart of Wisemans Ferry. Take in the stunning grounds and imagine life in days gone by. Afterwards, we'll enjoy lunch at Heritage Valley Café, savouring good food, great company, and the beautiful riverside surroundings.



TUE  
13  
APR

### THAMES ST LIBRARY & LUNCH AT DRUMMOYNE SAILING CLUB

**Additional costs:** buy lunch

Explore the treasures of Thames St Library, a community book nook tucked inside the red-hooded shelter by the water. These street libraries are a free book exchange so pick up a new read at no cost and maybe leave one behind for someone else to enjoy. Afterwards, we'll set sail (metaphorically!) to a delicious lunch at Drummoyne Sailing Club.



WED  
15  
APR  
DAY

### FIT & FAB SYDNEY PARK

**Additional costs:** BYO or purchase at venue

Stretch your legs, get moving, and come along for a refreshing walk at Sydney Park, followed by a coffee to relax and catch up at the kiosk. Sydney Park has both flat and gently sloping paths to choose.



WED  
15  
APR  
EVENING

### PAREA KOGARAH GREEK DINNER

**Additional costs:** buy dinner

Opa! Join us for a delicious night out at Parea Kogarah, where authentic Greek flavours and warm hospitality come together. Max 15 pax.





FRI  
17  
APR

### COFFEE CLUB: LA BOTTEGA LEICHARDT

**Additional costs:** buy lunch

Coffee lovers, unite! Sip, chat, and enjoy the warm vibes at La Bottega, Leichhardt. Good coffee, good company, and maybe a sweet treat (or two!) - the ultimate morning pick-me-up. Max 10 pax.



MON  
20  
APR

### MYSTERY TOUR

**Additional costs:** buy at venue

A magical Mystery Monday is coming your way... where we'll surprise you with a day full of fun and adventure!



TUE  
21  
APR

### WESTERN SYDNEY PARKLANDS PICNIC & CHANG LAI YUAN GARDENS

**Additional costs:** \$15 picnic

Join us for a delightful picnic in the Western Sydney Parklands before exploring the serene Chang Lai Yuan Gardens. Designed in a traditional Chinese style, the gardens feature elegant pavilions, bridges, and peaceful water views - perfect for a gentle walk and a calm, enjoyable day out.



WED  
22  
APR

### SYDNEY BUS MUSEUM & LUNCH AT LEICHARDT BOWLING CLUB

**Additional costs:** buy lunch

Join us for a fun and nostalgic visit to the Sydney Bus Museum! Explore Australia's largest collection of historic buses, enjoy a guided tour, and take a scenic vintage bus ride with a photo stop along the way. We'll then have lunch at the bowlo nearby. Please note the buses are not wheelchair accessible.



FRI  
24  
APR

### HIGH TEA AT THE CHINESE GARDENS DARLING HARBOUR

**Additional costs:** \$69 high tea

Enjoy an elegant Chinese fusion high tea - a curated mix of Asian savoury bites, sweet delicacies, and a tranquil stroll through the Chinese Garden with complimentary entry. Please note there is some walking to reach the venue.



MON  
27  
APR

### BIRKENHEAD SHOPPING OUTLET

**Additional costs:** buy at venue

Spend a day hunting for bargains at Birkenhead Point Shopping Outlet! With a wide range of stores, great discounts, and plenty of opportunities to grab a treat along the way, it's the perfect outing for a little retail therapy. Enjoy morning tea on site.



TUE  
28  
APR

### THAT PLANT SHOP BALMAIN

**Additional costs:** buy at venue

Coffee, cake, and a touch of greenery! Join us at That Plant Shop, Balmain for homemade Dutch pastries including carrot cake, hazelnut chocolate caramel slice, and lemon curd tart. Then explore their plant nursery to find your next leafy friend. Sweet treats and plant power in one outing! The more the merrier. Please note there are some manageable stairs at the venue.



WED  
29  
APR

### BUNNINGS ALEXANDRIA

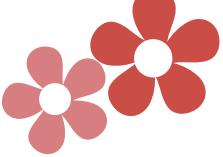
**Additional costs:** buy at venue

Time for a Bunnings adventure! Wander through Bunnings Alexandria, check out the plants, tools, homewares.



# MAY 2026

## BOOKINGS OPEN TUESDAY 7 APRIL 2026



**FRI  
01  
MAY**  
LEICHHARDT

### HAWKESBURY MUSEUM VISIT & LUNCH AT MACQUARIE ARMS

**Additional costs:** buy lunch

Discover the hidden gems of the Hawkesbury at its museum, exploring the stories and artefacts that shaped the region. After soaking up the past, treat yourself to a relaxing lunch at Macquarie Arms, where history and flavour meet.



**FRI  
01  
MAY**

### COFFEE CLUB: DOUBLE ROASTERS MARRICKVILLE

**Additional costs:** buy at venue

A favourite for a reason. Max 10 pax.



**MON  
04  
MAY**

### PACIFIC SQUARE MAROUBRA & LUNCH AT SOUTHEND HOTEL MAROUBRA

**Additional costs:** purchase at venue + buy lunch

Bring a cooler bag 'cause we're going shopping! Pacific Square has a fantastic deli with plenty of produce for you to try and take home. Enjoy some time at the small shopping centre, before we head off to lunch nearby at the SouthEnd Hotel Maroubra.



**TUE  
05  
MAY**

### MOTHER'S DAY CELEBRATION THE FIDDLER ROUSE HILL

**Additional costs:** \$65 admission

Celebrate Mother's Day with a special outing to The Fiddler, Rouse Hill. Enjoy good food, lovely company, and a relaxed atmosphere as we take time to honour and celebrate the wonderful women in our lives. Your admission includes a welcome drink, 2 course lunch with tea/coffee, themed dining room and entertainment.



**WED  
06  
MAY  
DAY**

### FIT & FAB INNER WEST GREENWAY

**Additional costs:** buy at venue

The long awaited Greenway connecting the Inner West has opened! We will enjoy the Mini Loop (1-2 km) starting at Croydon, scooting off to Summer Hill, a stop for coffee, and stroll back.



**WED  
06  
MAY  
EVENING**

### REGATTA CLUB HABERFIELD DINNER

**Additional costs:** buy dinner

We're heading to the Regatta Club, Haberfield for a delightful dinner by the water, with an Italian flavour. Tasty meals, great conversation, and a calm setting = a wonderful evening ahead.



**FRI  
08  
MAY**

### PANORAMA HOUSE FANCY PANTS LUNCH

**Additional costs:** \$45 per person paid at venue

Fancy pants at one of our favourite destinations is back! Panorama's three course lunch never disappoints our taste buds. Treat yourself to a wonderful day out!



**MON  
11  
MAY**

### SMITHFIELD CHEESE FACTORY & EGG FARM VISIT & LUNCH AT CLUB MARCONI

**Additional costs:** buy at venue + buy lunch

We're heading to the Smithfield Cheese Factory & Egg Farm for a produce shopping visit, with opportunities to buy fresh local cheeses and eggs. Please bring your cooler bags to keep your purchases fresh. Afterwards, we'll enjoy a lovely lunch at "The Piazza" Club Marconi.

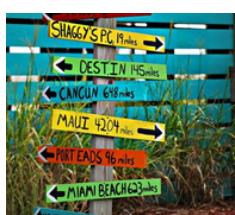




### NORTHERN PARKLANDS FAGAN PARK & LUNCH AT THE VICAR

**Additional costs:** \$5 tour + buy lunch

There is much to discover in Fagan Park located in the Hornsby Shire. Join us for a guided tour led by the Friends of Fagan Park Volunteers and discover the beauty for yourself. We'll have lunch at the Vicar afterwards.



### MYSTERY TOUR

**Additional costs:** buy lunch

Shh... it's a secret! Join us on a Mystery Tour, where the fun is in not knowing where we're headed. Expect a great day out and something a little different.



### HAWKESBURY MUSEUM VISIT & LUNCH AT MACQUARIE ARMS

**Additional costs:** buy lunch

Discover the hidden gems of the Hawkesbury at its museum, exploring the stories and artefacts that shaped the region. After soaking up the past, treat yourself to a relaxing lunch at Macquarie Arms, where history and flavour meet.



### COFFEE CLUB: REVOLVER CAFE ANNADALE

**Additional costs:** buy at venue

Come and join us for coffee in this restored 1890s corner store located in Annandale. Max 10 pax.



### RED COW FARM VISIT & LUNCH AT SUTTON FOREST PUB

**Additional costs:** \$10 admission + buy lunch

Red Cow Farm is a unique cool climate garden set on 2.5 hectares in the picturesque rural village of Sutton Forest approximately 1.5 hours from Sydney. Enjoy some time to roam the beautiful grounds at your own pace. Afterwards we'll enjoy lunch at the Sutton Forest Pub. Please note, there will be uneven ground surfaces.



### RED COW FARM VISIT & LUNCH AT SUTTON FOREST PUB

**Additional costs:** \$10 admission + buy lunch

Red Cow Farm is a unique cool climate garden set on 2.5 hectares in the picturesque rural village of Sutton Forest approximately 1.5 hours from Sydney. Enjoy some time to roam the beautiful grounds at your own pace. Afterwards we'll enjoy lunch at the Sutton Forest Pub. Please note, there will be uneven ground surfaces.



### SAINT PATRICK'S CHURCH HILL SYDNEY & LUNCH AT THE GLENMORE HOTEL

**Additional costs:** buy at venue

Step into Sydney's past with a visit to St Patrick's Church at Church Hill. From beautiful architecture to fascinating stories, this tour offers a meaningful and memorable glimpse into one of the city's historic treasures. We'll have lunch afterwards at The Rocks.



### CLUB MARCONI STAR BUFFET

**Additional costs:** \$24.8 buffet paid at venue

Come hungry! Join us at Club Marconi's Star Buffet for a feast of flavours, with plenty of choice and the freedom to go back for seconds. A fun and satisfying day out.



## HUNTERS HILL HISTORICAL MUSEUM VISIT & LUNCH AT MASSEY PARK GOLF CLUB

**Additional costs:** buy at venue

History first, lunch next! Discover the stories of Hunters Hill at the Historical Museum, then unwind with a delicious lunch at Massey Park Golf Club. A perfect blend of learning, leisure, and good company.



## HUNTERS HILL HISTORICAL MUSEUM VISIT & LUNCH AT MASSEY PARK GOLF CLUB

**Additional costs:** buy at venue

History first, lunch next! Discover the stories of Hunters Hill at the Historical Museum, then unwind with a delicious lunch at Massey Park Golf Club. A perfect blend of learning, leisure, and good company.



## BONNYRIGG FLOWER CENTRE & MORNING TEA ON SITE

**Additional costs:** buy lunch

Enjoy a colourful visit to the Bonnyrigg Flower Centre, where you can browse beautiful blooms and plants at your own pace. We'll enjoy a relaxed morning tea on site, making it a lovely outing for plant lovers and social catch-ups.



## COFFEE CLUB: THE POUR BARISTA CAFÉ MARRICKVILLE

**Additional costs:** buy at venue

Coffee time! Catch up with friends at The Pour Barista Café, Marrickville, where good brews and good chats go hand in hand. A perfect way to start (or brighten) your day. Max 10 pax.



: FREE BUS FARE

WALKING GUIDE: EASY

MODERATE

UNSTEADY

Page 9

# AU TU MN SUDOKU

2						1	4	
7					9			
	3				5 6			2
	7		2	1	8	5		6
1		2			5 9	3		
	6				9			
6				8				
9			5		3	8		
4	1	8		2			6	5

## Supporting Independence with Care: Meet Lanara

Lanara Pty Ltd is a family-owned and operated care provider supporting people across the Sydney region to live with confidence, independence and dignity. Co-founded by a father and son, Lanara combines family values with professional care so each person feels respected, supported and understood.

Lanara offers personalised psychosocial and personal care support, assisting with everyday activities, staying connected to the community, and maintaining independence at home. Their caring team includes support workers with psychology backgrounds, providing thoughtful, compassionate support tailored to individual needs and goals.

Lanara is currently accepting new participants and referrals.

If you, a family member, or someone you care for would like to learn more, please contact Lanara on 1300 1 LANARA (1300 1 526 272) or email [info@lanara.com.au](mailto:info@lanara.com.au)

LANARA.COM.AU

1300-1-LANARA (1300-1-526-272)  
[info@lanara.com.au](mailto:info@lanara.com.au)

Psychosocial Support & Personal Care Services Provider



# ANNUAL REPORT

THE LATEST  
NEW AGED CARE ACT



The new Aged Care Act (the Aged Care Act 2024) commenced on 1 November 2025 to strengthen Australia's aged care system. It ensures that people who access aged care services funded by the Australian Government are treated with respect and have the quality of life they deserve.

The new Act marks a significant milestone in the transformation of aged care in Australia.



It places older people at the centre of an aged care system that is safer, fairer, and more respectful.



At the heart of the reforms is a **Statement of Rights**. It gives older people greater choice and control and empowers them to make their own decisions about their own lives.

These reforms are the result of extensive consultation across the sector. The voices and experiences of older people played a critical role in shaping the new laws.

## How is Connect supporting you?

In recent weeks, Connect staff have completed training that support the principles and objectives of the New Aged Care Act.

Several policies have been updated and are available on our website.

Over the next few months, all existing clients will receive mail including a service agreement, Statement of Rights and Code of Conduct Consumer Sheet.

If you have any questions or concerns, please contact the office.

**BETTER SUPPORT  
AND OVERSIGHT**

**SECURING THE FUTURE  
OF AGED CARE**

**A RIGHTS-BASED AGED  
CARE SYSTEM**

# AUTUMN SOCIAL OUTINGS MARCH 2026

BOOKINGS FOR MARCH OUTINGS  
OPEN ON MONDAY 2 FEBRUARY 2026  
PLEASE CALL ON 9558 6800 TO  
SECURE YOUR SPOT

MON	TUE	WED	THU	FRI	SAT
<b>2</b> BOBBIN HEAD SCENIC DRIVE & PICNIC - LEICHHARDT 	<b>3</b> BOBBIN HEAD SCENIC DRIVE & PICNIC - MARRICKVILLE 	<b>4</b> THE WHISTLE STOP TRAIN MUSEUM TOUR & LUNCH 	<b>5</b>	<b>6</b> NEPEAN BELLE PADDLEWHEELER (NEW DATE) 	<b>7</b>
<b>9</b> PALM BEACH SCENIC DRIVE & LUNCH AT CLUB PALM BEACH - LEICHHARDT 	<b>10</b> PALM BEACH SCENIC DRIVE & LUNCH AT CLUB PALM BEACH - MARRICKVILLE 	<b>11</b> PREMIER'S GALA CONCERT 	<b>12</b>	<b>13</b> ST PATRICKS LUNCH CELEBRATION AT THE FIDDLER 	<b>14</b>
<b>16</b> SCOTLAND ISLAND VISIT - MARRICKVILLE 	<b>17</b> SCOTLAND ISLAND VISIT - LEICHHARDT 	<b>18 DAY</b> MYSTERY OUTING <b>18 EVENING</b> AL ASEEL RESTAURANT ALEXANDRIA 	<b>19</b>	<b>20</b> HENRY KENDALL COTTAGE & MUSEUM & LUNCH AT GOSFORD RSL 	<b>21</b>
<b>23</b> GALE HISTORY MUSEUM VISIT MACQUARIE UNIVERSITY & LUNCH AT THE GOVERNOR HOTEL 	<b>24</b> HAYDEN ORPHEUM PICTURE PALACE MOVIE SESSION 	<b>25</b> FLOWER POWER ENFIELD 	<b>26</b>	<b>27</b> DARRELL LEA CHOCOLATE FACTORY OUTLET & LUNCH AT INGLEBURN RSL  	<b>28</b>
<b>30</b> SYDNEY OUTLET & LUNCH AT CASULA CROSSROADS HOTEL 	<b>31</b> <i>FIT &amp; FAB</i> BRIGHTON LE SANDS 	<b>Travel on five or more outings this month and receive a free bus fare valued up to \$30!</b>			

\*Please be mindful of our bag and weight limits on our shopping visits to Bunnings, Flower Power etc. These limits are to ensure Connect meets its Work, Health & Safety obligations to our valued staff. This limit is 15kg across 4 shopping bags.

# AUTUMN SOCIAL OUTINGS APRIL 2026

BOOKINGS FOR APRIL OUTINGS OPEN  
ON MONDAY 2 MARCH 2026 PLEASE  
CALL ON 9558 6800 TO SECURE YOUR  
SPOT

MON	TUE	WED	THU	FRI	SAT
		1 LA PEROUSE MUSEUM & LUNCH AT MATRAVILLE HOTEL - <b>MARRICKVILLE</b> 	2	3 PUBLIC HOLIDAY 	4
6 PUBLIC HOLIDAY 	7 ILLAWARRA RHODODENDRON AND RAINFOREST GARDEN VISIT & LUNCH AT THE FRATERNITY CLUB 	8 LA PEROUSE MUSEUM & LUNCH AT MATRAVILLE HOTEL - <b>LEICHHARDT</b> 	9	10 AUSTRALIAN PLANTBANK TOUR & LUNCH AT NARELLAN HOTEL 	11
13 COBHAM HALL VISIT & LUNCH AT HERITAGE VALLEY CAFE WISEMANS FERRY 	14 THAMES ST LIBRARY & LUNCH AT DRUMMOYNE SAILING CLUB 	15 DAY <b>FIT &amp; FAB</b> CENTENNIAL PARK  15 EVENING PAREA KOGARAH GREEK DINNER 	16	17 COFFEE CLUB 	18
20 MYSTERY TOUR 	21 WESTERN SYDNEY PARKLANDS PICNIC & CHANG LAI YUAN GARDENS 	22 SYDNEY BUS MUSEUM & LUNCH AT LEICHHARDT BOWLING CLUB 	23	24 HIGH TEA AT THE CHINESE GARDENS DARLING HARBOUR 	25
27 BIRKENHEAD SHOPPING OUTLET 	28 THAT PLANT SHOP BALMAIN 	29 BUNNINGS ALEXANDRIA 		<p>Travel on five or more outings this month and receive a free bus fare valued up to \$30!</p>	

\*Please be mindful of our bag and weight limits on our shopping visits to Bunnings, Flower Power etc. These limits are to ensure Connect meets its Work, Health & Safety obligations to our valued staff. This limit is 15kg across 4 shopping bags.

# AUTUMN SOCIAL OUTINGS MAY 2026

BOOKINGS FOR MAY OUTINGS OPEN  
ON **TUESDAY 7 APRIL 2026** PLEASE  
CALL ON **9558 6800** TO SECURE YOUR  
SPOT

MON	TUE	WED	THU	FRI	SAT
Travel on five or more outings this month and receive a free bus fare valued up to \$30!					
<b>4</b> MAROUBRA PACIFIC SQUARE DELI 	<b>5</b> MOTHER'S DAY CELEBRATION THE FIDDLER ROUSE HILL 	<b>6 DAY</b> <i>FIT &amp; FAB</i> THE GREENWAY <b>6 EVENING</b> REGATTA CLUB HABERFIELD  	<b>7</b>	<b>1</b> HAWKESBURY MUSEUM VISIT & LUNCH AT MACQUARIE ARMS - <b>LEICHHARDT</b>  <b>1</b> COFFEE CLUB 	<b>2</b>
<b>11</b> SMITHFIELD CHEESE FACTORY & EGG FARM VISIT & LUNCH AT CABRAVALE RESORT  	<b>12</b> NORTHERN PARKLANDS FAGAN PARK & LUNCH AT THE VICAR 	<b>13</b> MYSTERY OUTING 	<b>14</b>	<b>15</b> HAWKESBURY MUSEUM VISIT & LUNCH AT MACQUARIE ARMS - <b>MARRICKVILLE</b>  <b>15</b> COFFEE CLUB 	<b>16</b>
<b>18</b> RED COW FARM VISIT & LUNCH AT SUTTON FOREST PUB - <b>LEICHHARDT</b> 	<b>19</b> RED COW FARM VISIT & LUNCH AT SUTTON FOREST PUB - <b>MARRICKVILLE</b> 	<b>20</b> ST PATRICKS CHURCH HILL SYDNEY TOUR & LUNCH AT THE GLENMORE HOTEL 	<b>21</b>	<b>22</b> CLUB MARCONI STAR BUFFET  	<b>23</b>
<b>25</b> HUNTERS HILL HISTORICAL MUSEUM VISIT & LUNCH AT MASSEY PARK GOLF CLUB - <b>LEICHHARDT</b> 	<b>26</b> HUNTERS HILL HISTORICAL MUSEUM VISIT & LUNCH AT MASSEY PARK GOLF CLUB - <b>MARRICKVILLE</b> 	<b>27</b> BONNYRIGG FLOWER CENTRE 	<b>28</b>	<b>29</b> COFFEE CLUB 	<b>30</b>

\*Please be mindful of our bag and weight limits on our shopping visits to Bunnings, Flower Power etc. These limits are to ensure Connect meets its Work, Health & Safety obligations to our valued staff. This limit is 15kg across 4 shopping bags.



**SOCIAL CALENDAR**

# **AUTUMN 2026**

**MARCH 2026 - MAY 2026**

## **Autumn is here**



Our Sydney adventures continue, with a wide range of outings designed to keep you socially active, connected, and enjoying the best the season has to offer. From scenic strolls and cosy cafés to cultural visits and relaxed lunches, there's something for everyone to enjoy this autumn.

As some outings may coincide with the school holiday period, please be mindful that certain venues could be busier than usual, with slightly longer wait times. We appreciate your patience and encourage you to relax and enjoy the atmosphere.

If you have any suggestions or places you'd love to visit this autumn, we'd love to hear from you – your ideas are always welcome!

Please note that while this calendar is accurate at the time of release, changes may occasionally be necessary due to unforeseen circumstances.

Should this occur, we'll do our best to offer suitable alternatives. Thank you for your understanding.



**9558 6800**



**scheduling@connectinnerwest.org.au**

## **Ts & Cs\***

Clients must travel on five paid outings within the same month to qualify for one free outing. The free outing can be redeemed in the following month, up to a fare value of \$30, on any outing of their choice. If not redeemed within that month, the credit is forfeited.

## **Pricing**



Please refer to the day's calendar for all additional costing inquiries and bus fare amount.

Prices stated are accurate at the time of release. In the event of any price changes by the venue, you will be notified before finalising payment.

Weekday outings for Connect's registered CHSP/CTP seniors are generally priced at \$30, and weekends priced at \$40 *unless otherwise specified*, excluding NDIS clients and those with a Home Care Package (HCP).

## **Bookings**



For bookings and inquiries, please contact the office on **9558 6800**. Please take note of the booking open and close dates which are listed on the agenda. Alternatively, bookings can be made via email at **scheduling@connectinnerwest.org.au**. Bookings cannot be made through Drivers or Bus Assistants.

If you wish to make a payment for your chosen social outing(s), please find Connect's bank details below. When making a payment, kindly include your full name and the date of the outing in the payment description to help us allocate your payment correctly.

**BSB: 032-067 Account Number: 641482 Westpac.**

If you will be accompanied by a carer or are bringing a mobility aid such as a walker, kindly inform us at the time of booking so we can accommodate space in the vehicles and ensure you get *there with care*. If meals are included in the outing, please inform us of any allergies or dietary requirements at the time of booking.

Closer to the outing date, you will be contacted regarding the pick-up time via a phone call. Please be aware that fees may be applicable for late cancellations.

Please remember to bring your Opal card, photo ID/seniors card each time you take a trip with us as some venues require to check your ID to receive a seniors discount.