



Welcome to the Spring Calendar 🌸

Inspired by our Winter Wellness Workshops, Connect's new **Welfare Workshops** offer an engaging way to stay informed, connected, and confident in everyday life. Each session explores practical topics to support your health, wellbeing, safety, technology, scam awareness, and more, with presentations from knowledgeable guest speakers.

Ready for a little adventure? Our **Mystery Week Outings are back!** Leave the planning to us as we whisk you away to surprise destinations, hidden gems, and unique experiences across Sydney. From scenic drives and tours to café catch-ups, every outing is a chance to try something new. The only thing you'll know is that it's sure to be a great day out! Book early, as these popular outings fill quickly.

Travel on five or more outings in one month and be rewarded with a FREE travel trip the following month.

Shopping at Connect: Shopping bags must not exceed 4 standard shopping bags or 10kg overall.

Booking your trip

Social outings bookings open on the 1st Monday (unless otherwise specified) of each month at 8am for the following month.

Please note: spots on outings with pre-payment are only confirmed once payment is received.

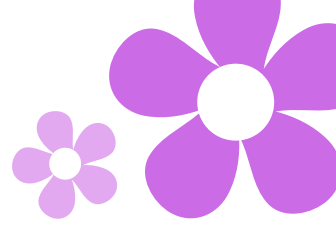
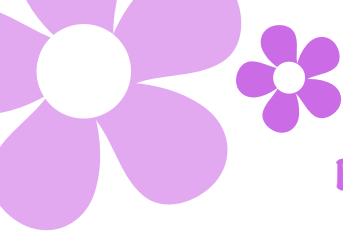


9558 6800



scheduling@connectinnerwest.org.au





OCTOBER 2026

BOOKINGS OPEN MONDAY 7 SEPTEMBER 2026



FRI
02
OCT

ALPACA MEET & GREET CENTRAL COAST

Enjoy a fun and interactive visit with 145 friendly alpacas on the Central Coast. In a relaxed small-group experience, you can meet, feed, and connect with these gentle animals followed by lunch at Wyong Milk Factory's 'The Tavern'.

Travel Cost: \$30

Extra Cost: \$30 entry & buy lunch

Moderate



FRI
02
OCT

COFFEE CLUB: THE PIG & PASTRY

Join us for a relaxed morning at The Pig & Pastry in Petersham, a local favourite known for its delicious coffee, fresh pastries, and welcoming atmosphere.

Travel Cost: \$5

Extra Cost: Buy food at venue

Easy



TUES
06
OCT

DOLLAR WORLD & LINCRAFT

Dollar World is your one-stop premium discount store, packed with bargains on everything from cleaning supplies to hardware tools. After treasure-hunting at Dollar World, enjoy a browse through Lincraft nearby. We'll then head to Moorebank RSL, known for its delicious meals and fantastic specials. Usual bag & weight limits apply.

Travel Cost: \$30

Extra Cost: Buy food at venue

Moderate



WED
07
OCT

KINGPIN BOWLING NORTH STRATHFIELD

Strike up some fun at Kingpin Bowling! Enjoy a relaxed game, friendly competition, and a great opportunity to socialise in a lively atmosphere.

Extra Cost: From \$19 per bowling game + other activities & lunch at venue

Travel Cost: \$30

Moderate



FRI
09
OCT

OKTOBERFEST LUNCH AT CONCORDIA CLUB MARRICKVILLE

Celebrate Oktoberfest with a festive lunch at Concordia Club. Enjoy traditional German favourites, a lively atmosphere, and an authentic taste of German culture.

Travel Cost: \$15

Extra Cost: Buy food at venue

Easy



Mystery Week Outings



MON

12

OCT

MYSTERY SCENIC DRIVE & LUNCH

Where are we headed? That’s top secret! Enjoy a scenic drive with beautiful vistas and a surprise destination to be unveiled along the way.

Travel Cost: \$15

Extra Cost: Buy food at venue

Easy



TUES

13

OCT

MYSTERY TOUR & LUNCH

Shh... it’s a secret! Join us on a Mystery Tour, where the fun is in not knowing where we’re headed. Expect a great day out and something a little different.
Please wear comfortable walking shoes.

Travel Cost: \$15

Extra Cost: Buy food at venue

Unsteady



WED

14

OCT

MYSTERY FIT & FAB

Lace up your walking shoes and join us for a mystery Fit & Fab adventure! We’ll explore a surprise walking location, enjoy the morning fresh air, and stay active together. The destination is a secret until we arrive!

Travel Cost: \$5

Extra Cost: Buy food at venue

Moderate



FRI

16

OCT

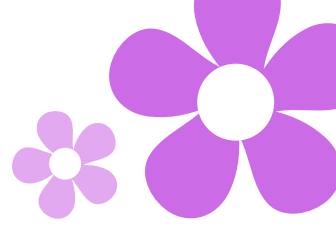
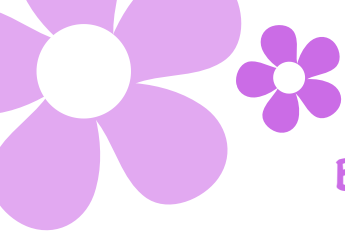
MYSTERY COFFEE CLUB

Where are we sipping this time? That’s a mystery! Join us for a relaxed morning coffee outing, enjoy good company, and let the surprise café reveal itself on the day.

Travel Cost: \$5

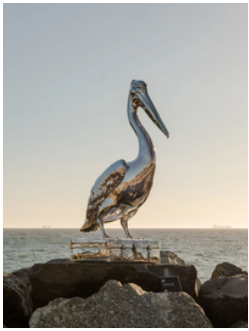
Extra Cost: Buy food at venue

Easy



OCTOBER 2026

BOOKINGS OPEN MONDAY 7 SEPTEMBER 2026



MON
19
OCT

SCULPTURE BY THE SEA

Sculpture by the Sea will return to Bondi in 2026 as the world's largest free to the public sculpture exhibition. Enjoy a stroll along the waterside admiring the creative mediums of art. There are some uneven sloping paths, and there may be crowds.

Travel Cost: \$30

Extra Cost: Buy food at venue

Unsteady 🚶



TUES
20
OCT

WELFARE WORKSHOP: TECH MADE EASY

Build your confidence with everyday technology in this easy-to-follow workshop. Learn helpful tips for using smartphones, apps, and staying connected with family and friends.

Prepayment: \$10 Morning Tea

Book & pay by: Thursday 15 October 2026

Travel Cost: \$15

Easy 🚶



WED
21
OCT

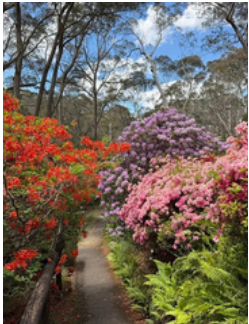
MENANGLE COUNTRY CLUB LUNCH

Enjoy a relaxing lunch at Menangle Country Club, where country charm meets modern dining. Set against the historic Menangle House, it's the perfect place to unwind and enjoy a delicious meal in beautiful surroundings.

Travel Cost: \$15

Extra Cost: Buy food at venue

Easy 🚶



FRI
23
OCT

CAMPBELL RHODODENDRON GARDENS

See the Blue Mountains in full bloom at Campbell Rhododendron Gardens! Admire the beautiful display of colourful rhododendrons and azaleas, wander through peaceful gardens and take in the stunning valley views. Afterwards, enjoy a delicious lunch at the Katoomba Family Hotel.

Travel Cost: \$15

Extra Cost: \$5 entry pay at venue

Easy 🚶



FRI
23
OCT

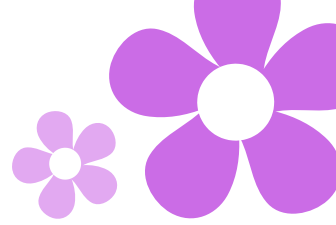
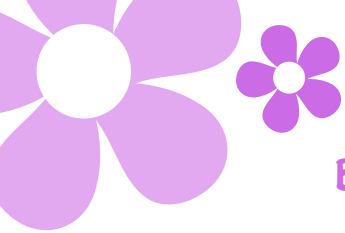
COFFEE CLUB: PASTIZZI CAFE

Enjoy a relaxing lunch at Pastizzi Café, known for its delicious handmade pastizzi, Mediterranean-inspired dishes, and warm, welcoming atmosphere.

Travel Cost: \$5

Extra Cost: Buy food at venue

Easy 🚶



OCTOBER 2026

BOOKINGS OPEN MONDAY 7 SEPTEMBER 2026



**MON
26
OCT**

LEICHHARDT

CARISBROOK TOUR & AFTERNOON TEA (LEICHHARDT)

Step back in time with a guided tour of Carisbrook House and discover the fascinating history, heritage, and everyday life of one of Lane Cove's earliest families.

Prepayment: TBC

Book & pay by: Monday 12 October 2026

Travel Cost: \$30

Moderate

**TUES
27
OCT**

MARRICKVILLE

CARISBROOK TOUR & AFTERNOON TEA (MARRICKVILLE)

Step back in time with a guided tour of Carisbrook House and discover the fascinating history, heritage, and everyday life of one of Lane Cove's earliest families.

Prepayment: TBC

Book & pay by: Monday 12 October 2026

Travel Cost: \$30

Moderate

**WED
28
OCT**



BREAST CANCER AWARENESS PICNIC

Join us for a pink-themed picnic as we come together to raise awareness, show support, and enjoy a meaningful day of connection and conversation.

Prepayment: \$15 picnic

Book & pay by: Friday 23 October 2026

Travel Cost: \$15

Easy

**FRI
30
OCT**



FLOWER POWER MASCOT & HIDDEN GARDEN CAFE

Pick up all your spring blooms and overdue garden supplies. Visit the onsite café for lunch and/or refreshments.

Travel Cost: \$30

Extra Cost: Buy food at venue

Moderate

**FRI
30
OCT**



COFFEE CLUB: THE LOCAL TART LEICHHARDT

A fantastic spot for coffee and brunch. With friendly staff and always a welcome smile, we're sure you will love this cafe for a chit chat.

Travel Cost: \$5

Extra Cost: Buy food at venue

Easy

NOVEMBER 2026

BOOKINGS OPEN TUESDAY 6 OCTOBER 2026



MON
02
NOV

PETERSHAM MORNING BINGO

Join us for a fun-filled morning of Bingo at Petersham RSL! Enjoy a friendly game, great company, and the chance to win some fantastic prizes.

Travel Cost: \$15

Extra Cost: Buy food at venue

Easy



TUES
03
NOV

BIG JOHN'S ITALIAN SEAFOOD LUNCH

Enjoy a delicious seafood lunch at Big John's Seafood Restaurant, with a wide selection of fresh favourites in a relaxed and welcoming atmosphere.

Travel Cost: \$30

Extra Cost: Buy food at venue

Easy



WED
04
NOV

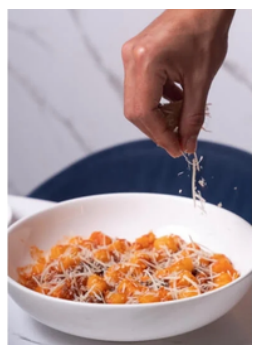
FIT & FAB: SYDNEY PARK

Stretch your legs, get moving, and come along for a refreshing walk at Sydney Park, followed by a coffee to relax and catch up at the kiosk.

Travel Cost: \$5

Extra Cost: BYO or purchase on site

Moderate



FRI
06
NOV

GNOCCHI COOKING CLASS AT ENZOS CUCINA MT DRUITT

Learn the art of making authentic Italian gnocchi in this fun, hands-on workshop. Create your own fresh gnocchi from scratch to enjoy during the class or take home to share.

Prepayment: \$70 class

Book & pay by: Wednesday 28 October 2026



Travel Cost: Free

Moderate



FRI
06
NOV

COFFEE CLUB: REVOLVER CAFE

Come and join us for coffee in this restored 1890s corner store located in Annandale.

Travel Cost: \$5

Extra Cost: Buy food at venue

Easy



MON
09
NOV

MIDDLE HEAD CAFE

Enjoy a relaxing visit to Middle Head Café, where you can savour a coffee or light meal while taking in the beautiful harbour views and peaceful surrounds.

Travel Cost: \$30

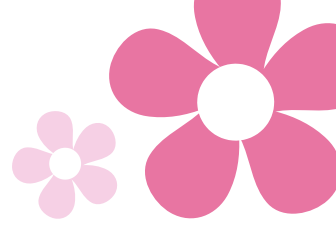
Extra Cost: Buy food at venue

Easy



NOVEMBER 2026

BOOKINGS OPEN TUESDAY 6 OCTOBER 2026



TUES
10
NOV

CANOELAND ORCHARD FRUIT PICKING

Enjoy a fun-filled day in the countryside at Canoelands Orchard! 🍎🚜 Pick fresh seasonal fruit at your own pace and pay only for what you pick by the kilo. Enjoy animal feeding and a relaxing tractor ride for a wonderful farm experience! **Please wear enclosed comfortable walking shoes.**

Travel Cost: \$30

Prepayment: \$8.5

Unsteady 🚶



WED
11
NOV

ALEXANDRIA HOMEMAKER

Enjoy a relaxing break at the on-site café before exploring one of Sydney's top furniture and homewares destinations, home to favourites like Kitchen Warehouse, Spotlight, The Good Guys, and many more!

Travel Cost: \$15

Extra Cost: Buy food at venue

Easy 🚶



THUR
12
NOV

THE BEE GEES LIVERPOOL POWERHOUSE

Get ready to relive the magic of one of the greatest pop sensations of all time with The Bee Gees Show – a spectacular tribute celebrating the timeless hits, soaring harmonies, and infectious grooves of the Gibb brothers. Lunch before the show: Chipping Norton Hotel.

Prepayment: \$30 ticket

Travel Cost: \$30

Extra Cost: Buy food at venue

Easy 🚶



FRI
13
NOV

KNITTING SOCIAL ASHFIELD & ASHFIELD LEAGUES CLUB

Enjoy a relaxing morning of knitting with fellow enthusiasts, sharing ideas, patterns, and helpful tips along the way. Afterwards, unwind over lunch at Ashfield Leagues Club.

Travel Cost: \$15

Extra Cost: Buy food at venue

Easy 🚶



FRI
13
NOV

COFFEE CLUB: MATINEE COFFEE MARRICKVILLE

Spend a leisurely morning at Matinee Coffee, enjoying your favourite café refreshments while connecting with friends in a cosy setting.

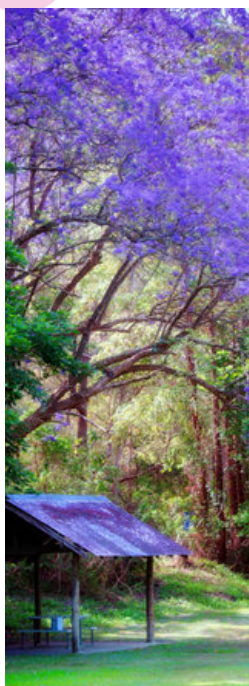
Travel Cost: \$5

Extra Cost: Buy food at venue

Easy 🚶

NOVEMBER 2026

BOOKINGS OPEN TUESDAY 6 OCTOBER 2026



**MON
16
NOV**

LEICHHARDT

JACARANDA PICNIC DRIVE BY KOGARAH (LEICHHARDT)

Experience the magic of jacaranda season with a relaxing day out. Enjoy a scenic drive through Sydney's beautiful purple-lined streets, taking in the stunning blooms before heading to Kogarah for a picnic.

Prepayment: \$15 picnic

Travel Cost: \$30

Moderate

**TUES
17
NOV**

MARRICKVILLE

JACARANDA PICNIC DRIVE BY KOGARAH (MARRICKVILLE)

Experience the magic of jacaranda season with a relaxing day out. Enjoy a scenic drive through Sydney's beautiful purple-lined streets, taking in the stunning blooms before heading to Kogarah for a picnic.

Prepayment: \$15 picnic

Travel Cost: \$30

Moderate



**WED
18
NOV**

WELFARE WORKSHOP: STAYING SAFE & INFORMED

Gain valuable knowledge on topics that support your independence and wellbeing, including personal safety, scam awareness, and community resources. A great opportunity to learn, ask questions, and connect with others.

Prepayment: \$10 Morning Tea

Travel Cost: \$15

Easy



**FRI
20
NOV**

LINDEY CHRISTMAS GIFT FAIR

The Fair is a must-do festive day out that offers a wide range of special Christmas gifts and wares in a historic setting. Located in Darling Point, enjoy the views of Sydney Harbour while you shop. Followed by lunch nearby.

Travel Cost: \$30

Extra Cost: Buy food at venue

Moderate



**FRI
20
NOV**

COFFEE CLUB: BLACK TOAST ANNANDALE

Take a break and join us at Black Toast for a relaxed coffee catch-up. Enjoy your favourite café drink, a tasty bite, and great company in a cosy setting.

Travel Cost: \$5

Extra Cost: Buy food at venue

Easy



**MON
23
NOV**

CHAIR YOGA REDFERN

The experienced instructor makes the class fun and lively and explains the benefits of chair-based yoga movements, like helps lower blood pressure, protects joints, and builds strength and balance. Followed by a lunch nearby.

Travel Cost: \$30

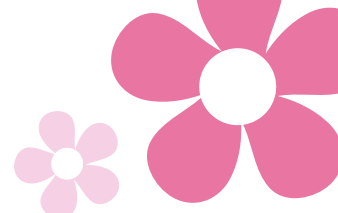
Extra Cost: \$5 pay on site & buy lunch

Moderate



NOVEMBER 2026

BOOKINGS OPEN TUESDAY 6 OCTOBER 2026



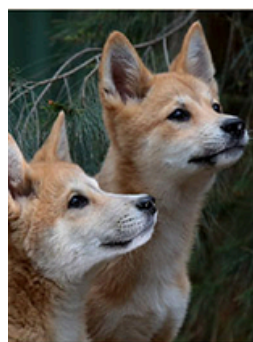
CONNECT'S ANNUAL END OF YEAR CELEBRATION PARTY!

Our end-of-year celebrations are a wonderful way to reflect on the year gone by, enjoy the festive spirit, and spend time with friends both old and new. We look forward to celebrating with you and invite you to join in the fun!



WHEN	Tuesday, 24 November 2026
WHERE	The Fiddler
COST	\$65 per person includes welcome drink, traditional Christmas two-course luncheon & entertainment
PRE-PAYMENT DATE	Monday 2 November 2026

*Upon booking, please advise if you have any dietary requirements
i.e. allergies, vegetarian, gluten free, halal*



WED
25
NOV

BARGO DINGO SANCTUARY

See Australia's iconic dingoes at Bargo Dingo Sanctuary. Enjoy a guided visit to learn about these fascinating animals while experiencing a unique day surrounded by nature.

Prepayment: \$10 entry

Travel Cost: \$30

Moderate



FRI
27
NOV

NEPEAN RIVER WALK

Enjoy a relaxing stroll along the picturesque Nepean River, taking in the beautiful riverside scenery before unwinding with lunch and stunning water views at the Nepean Rowing Club.

Travel Cost: \$30 **Extra Cost: Buy food at venue**

Moderate



FRI
27
NOV

COFFEE CLUB: SEVEN 2 THREE SPECIALTY

A hidden gem in Marrickville, this Asian fusion café serves excellent coffee in a relaxed, welcoming atmosphere. If you've ever wanted to try authentic Vietnamese coffee, this is the place to do it!

Travel Cost: \$5 **Extra Cost: Buy food at venue**

Easy



MON
30
NOV

DFO HOMEBUSH SHOPPING

Enjoy a day of bargain hunting at DFO, with great deals on fashion, homewares, and more. It's the perfect opportunity to get a head start on your Christmas shopping while enjoying a relaxed day out. Usual bag & weight limits apply.

Travel Cost: \$30 **Extra Cost: Buy food at venue**

Easy

OCTOBER 2026

BOOKINGS OPEN MONDAY 7 SEPTEMBER 2026

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Travel on five or more outings
this month and receive a *free*
bus fare valued up to \$30!

1

Weekly
Shopping
Service

2



Coffee Club



Alpaca Meet
& Greet
Central Coast

5

Public
Holiday

6



Dollar World
& Lincraft

7



Kingpin
Bowling

8

Weekly
Shopping
Service

9



Coffee Club

Oktoberfest
Lunch



12



Mystery
Scenic Drive

13



Mystery
Tour & Lunch

14



Mystery
Fit & Fab

15

Weekly
Shopping
Service

16



Mystery
Coffee Club

19



Sculpture by
the Sea

20



Welfare
Workshop:
Tech Made
Easy

21



Menangle
Country Club

22

Weekly
Shopping
Service

23



Coffee Club

***NEW Campbell
Rhododendron
Gardens**



26



Carisbrook
Tour
(Leichhardt)

27



Carisbrook
Tour
(Marrickville)

28



Breast Cancer
Awareness
Picnic

29

Weekly
Shopping
Service

30



Coffee Club

Flower Power &
Hidden Garden
Cafe



Please be mindful of our bag and weight limits on our shopping visits to Bunnings, Flower Power etc. These limits are to ensure Connect meets its Work, Health & Safety obligations to our valued staff. This limit is 10kg across 4 shopping bags per client..

NOVEMBER 2026

BOOKINGS OPEN TUESDAY 6 OCTOBER 2026

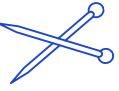
MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2  Petersham Bingo	3  Big John's Italian Seafood	4  Fit & Fab: Sydney Park	5 Weekly Shopping Service	6  Coffee Club  Gnocchi Cooking Class
9  Middle Head Cafe	10  Canoeland Orchard Fruit picking	11  Alexandria Homemaker	12  The Bee Gees Liverpool Powerhouse	13  Coffee Club  Knitting Social & Lunch
16  Jacaranda Picnic Drive by (Leichhardt)	17  Jacaranda Picnic Drive by (Marrickville)	18  Welfare Workshop: Staying Safe	19 Weekly Shopping Service	20  Coffee Club Lindesay Xmas Gift Fair 
23  Chair Yoga	24  EOY XMAS PARTY	25  Dingo Sanctuary	26 Weekly Shopping Service	27  Coffee Club Nepean River Walk 
30  DFO Homebush	Travel on five or more outings this month and receive a free bus fare valued up to \$30!			

Please be mindful of our bag and weight limits on our shopping visits to Bunnings, Flower Power etc. These limits are to ensure Connect meets its Work, Health & Safety obligations to our valued staff. This limit is 10kg across 4 shopping bags per client.

Spring Time

As some outings may coincide with the school holiday period, please be mindful that certain venues could be busier than usual, with slightly longer wait times. We appreciate your patience and encourage you to relax and enjoy the atmosphere.

If you have any suggestions or places you'd love to visit, we'd love to hear from you – your ideas are always welcome!

Please note that while this calendar is accurate at the time of release, changes may occasionally be necessary due to unforeseen circumstances. Should this occur, we'll do our best to offer suitable alternatives. Thank you for your understanding.

Pricing

Please refer to the day's calendar for all additional costing inquiries and bus fare amount.

Prices stated are accurate at the time of release. In the event of any price changes by the venue, you will be notified before finalising payment.

Weekday outings for Connect's registered CHSP/CTP seniors are generally priced at \$30, and weekends priced at \$40 unless specified, excluding NDIS clients and those with a Support at Home or Home Care Package.



02 9558 6800



scheduling@connectinnerwest.org.au

Bookings

For bookings and enquiries, please contact the office on **9558 6800**. Please take note of the booking open dates listed in the agenda. Alternatively, bookings can be made via email at scheduling@connectinnerwest.org.au. Please note that bookings cannot be made through Drivers or Bus Assistants.

For social outing payments, please call our office on **9558 6800** to make your payment over the phone, as this is the quickest and easiest way for us to process your booking.

If bank transfer required, please use the details below. When making your payment, include your full name and the date of the outing in the payment description to help us allocate your payment correctly.

BSB: 032-067 Account Number: 641482 Bank: Westpac

If you are accompanied by your registered carer or are bringing a mobility aid such as a walker, kindly inform us at the time of booking so we can accommodate space in the vehicles and ensure you get there with care. If meals are included in the outing, please inform us of any allergies or dietary requirements at the time of booking.

Closer to the outing date, you will be contacted regarding the pick-up time via text or automated voice message. Please be aware that fees may be applicable for late cancellations.

Please remember to bring your Opal card, photo ID/seniors card each time you take a trip with us as some venues require to check your ID to receive a seniors discount.

Ts & Cs*

Clients must travel on five paid outings within the same month to qualify for one free outing. The free outing can be redeemed in the following month, up to a fare value of \$30, on any outing of their choice. If not redeemed within that month, the credit will be forfeited.